

## Facials and Make-up Application

Facials can be invasive procedures that involve a risk of exposure to blood or body fluids, especially when the procedure involves extractions. **Infection prevention and control precautions must be followed to protect both personal service workers and clients.**

You do not have to see blood or bodily fluids on the instruments for an infection to occur.

The following is in addition to general operational requirements for personal services settings.

### **Infection and Prevention Control Requirements:**

- Inspect client's skin. Do not provide service on inflamed, infected skin with a rash or any open wounds.

#### *Hand Hygiene & Glove Use*

- Hand hygiene must be performed:
  - Before starting a treatment/procedure
  - after wearing single use gloves; and
  - in between breaks in service
- Gloves or finger cots are not required for routine procedures in which contact is limited to a client's intact skin.
- Wear single use gloves or single use finger cots for:
  - Contact with blood, body fluids, secretions and excretions from mucous membranes or non-intact skin
  - Handling items visibly soiled with blood body fluids, secretions and excretions
  - When the personal service worker has non-intact skin on their hands gloves or finger cots should be worn, they must be changed between clients, and between breaks in treatment/service of the same client.
- Gloves should be changed between procedures with the same clients and between clients.
- Gloves should be removed immediately after completion of the procedure, at the point of use and before touching clean environmental surfaces.
- Single use disposable gloves should not be reused or washed.

#### *Blood and Body Fluid Exposures*

- Instruments that accidentally break the skin during a procedure must be cleaned and disinfected with high level disinfectant prior to re-use.
- Records of the exposure must be completed. Keep client records and accidental blood and body fluid exposure records on site for one year and off site for 5 years.
- Hepatitis B vaccination is strongly recommended.

### *Equipment*

- Dispense creams, lotions, makeup for each client :
  - With a single use disposable applicator (e.g. spatula), or
  - Into a clean single use container and discard container after use
  - Reusable spatulas must be constructed of non-porous material (e.g. metal) which can be cleaned and disinfected between clients. Ensure spatulas do not contaminate the original container and must be cleaned and disinfected using a low to intermediate disinfectant.
  - Empty cream and lotion containers should be discarded or cleaned and disinfected using a low level disinfectant before refilling.
  - Creams, lotion, or cotton balls) must be dispensed in a manner that does not contaminate the remaining portion.
- Equipment that cannot be properly cleaned and disinfected between clients is single use (e.g. facial sponges, cotton balls, tissues, applicators, facial steamer machine inserts etc.) and must be discarded immediately.
- Use pre-packaged, single-use, sterile needles or lancets for extractions. Discard used needles or lancets into an approved sharps container after each use.
- All reusable equipment that contacts only intact skin must be thoroughly cleaned and then low to intermediate level disinfected after each use.
- All reusable equipment that comes in contact with non-intact skin, blood or bodily fluids requires cleaning and an intermediate to high level disinfectant (e.g. high frequency glass or metal probes, comedone extractors).
- The water in the facial steam vapour machine should be emptied and cleaned on a regular basis.
- Make-up brushes used on areas other than the eyes must be washed with soap and water, rinsed, than disinfected with a low level disinfectant after each client.
- Use single use applicators for applying eye make-up. **Do not double dip!**
- Eyeliner & lip liner crayons must be re-sharpened after each client. Clean sharpener daily.

***CONTACT YOUR LOCAL PUBLIC HEALTH DEPARTMENT FOR MORE INFORMATION.***